



*Developing  
social-emotional  
strengths in your  
children in school and  
at home.  
A partnership that  
produces results!*

**Attention:  
All Parents and Early Childhood Professionals  
working with young children!**

Come along to a half-day seminar by Professor Michael Bernard and learn all about the five social and emotional competences all children need to be ready to learn and behave well as they experience emotional well-being.

Meet Professor Bernard,  
*the Executive Director of You Can Do It! Education*  
Professor, Faculty of Education, University of Melbourne and  
Connie Confidence, Pete Persistence, Oscar Organisation,  
Gabby Get Along and Ricky Resilience.

## Objectives of Seminar

### Participants will learn a lot about:

- ✓ The five social-emotional-motivational competencies (Confidence, Persistence, Organisation, Getting Along, Resilience) of young children
- ✓ Classroom and home practices for helping children apply social and emotional competences to their work and play
- ✓ How to survey young children's social-emotional –motivational competencies
- ✓ How parents can build their children's social and emotional strengths
- ✓ How to use structured curriculum activities to develop young children's inner strengths

### Feedback from participants of previous workshop

A good resource for teachers in creating SEL programmes in schools. User-friendly.

**Anonymous**

**Andres**

This workshop has given me helpful and constructive information on the 5 Foundations. The hands-on activities made it easier for me to grasp the principles. Professor Bernard's feedback on how to give feedback to the pupils was great!

Useful, informative, clear presentation on what social emotional learning is about. Provided a few ways /egs on how YCDI can be implemented at school/class basis. Like the introduction of the use of tools such as emotional thermometer and catastrophe scale as activity to reinforce resilience. Would like to have more of such tools that can work as excellent teaching tools for YCDI.

**Gan Juok Sia**

The 5 traits are important and essential, especially to children who come from lower socioeconomic status or children with special needs. The materials are fantastic, especially the puppets and songs. The 'self-talk' plays a significant role.

**Rachael,  
Moral CDC-  
Membina**

Practical, workable steps to help teachers, school counsellors teach values which are often thought of as "up there". I like the solid, concrete examples. I liked how you walk through the material with us during the workshop.

**Nancy,  
Clementi Pri**

**Michelle Ho**

The 'YCDI' programme is very relevant to the pupils. At such a tender age, we should cultivate these values and habits. The children looked forward to the lessons weekly and always got very excited over the puppets and the singing of the songs. The detailed lesson plans make it very easy for the teacher. The integration of drama and art & craft also made the lesson more appealing and attractive to the children. In sharing the lessons, I am also reminded of habits like 'getting organised', 'being confident', 'being persistent and resilient', etc. Will definitely recommend this package to educators who are dealing with young kids.

# REGISTRATION FORM



**Date** : 21 June 2008 (Saturday)  
**Venue** : YMCA of Singapore, One Orchard Road,  
Singapore 238824  
**Time** : 9.00 am– 1.00 pm (Registration starts at 8.15am)  
**Cost** : \$30 for AECES/ YMCA member  
\$35 for non-member  
(Includes handouts and refreshments)

Name of Organisation/contact person: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_

*Please register the following person(s) for the session:*

No.	Name	Designation
1		
2		
3		
4		
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6		

*Cheque No.* : \_\_\_\_\_ *Amount Paid* : \_\_\_\_\_  
(Please make cheque payable to 'AECES'.)

Please send registration form with cheque to:  
**AECES @ Yew Tee Community Club**  
20 Choa Chu Kang St 52 #04-04 Singapore 689286

*For enquiries, please call Tel: 6764 5528/ 6281 4989.*

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