


# Igniting the Creative Spark with Art:



Pick up  
art therapy techniques  
to use art as a way to  
understand and  
communicate  
with children!



Tap into your  
own creativity  
to explore and  
discover what  
art is for you!

## Workshop Objectives:

Participants can expect to:

1. Experience how art can stimulate creativity, facilitate self awareness, enhance self-esteem, and communicate feelings and thoughts.
2. Discover the expressive qualities in a child's art work, and how a child's marks contain a world of meanings.
3. Experiment and discover the dynamic qualities of various art materials to enable you to align goals and objectives of the art experiences you create for the child.
4. Learn creative approaches to facilitate meaningful art experiences for children in individual or group sessions.

## Workshop Outline:

### Session ONE: Attending to curiosity

1. What is Art? Why ART for children, and for me?
2. Child Development and Art
3. Introducing Art as a therapy form: Principles of art therapy

### Session TWO: Approaching the child

4. Understanding the child through *the art process* and *the art work*
5. *Conversations*: before, during, after; Response and *reciprocity*

### Session THREE: Inviting the child

6. Creating Space & Time for creativity
7. Ways to facilitate exploration and expression

### Session FOUR: Engaging the child

8. Individual art with a child
  - The Magic of *choice*; Taking the child's lead
  - Self-representations
  - Addressing diverse needs
9. Group art with children
  - Group dynamics & group themes
  - Leading the group and letting the group lead



**Each session  
includes  
experiential  
activities  
employing the  
various art  
media: pencils,  
markers,  
pastels, paints,  
clay, cloth,  
wire, more!**

## Feedback from participants of “Igniting the Creative Spark with Art” Workshop

**“A great way to spend Saturday mornings, discover about self & others, experimenting with different materials, and learning to use art to communicate & connect with others.”**

**- ProFLAiR**

**“The workshop is interesting and I enjoy every week very much. I hope there will be another such workshop again.”**

**- Early Childhood Educator**

**“All AECES tutors should come for this workshop.”**

**- Teacher Educator**

**“Fun, enjoyable. Overall, it’s enlightening.”**

**- ProFLAiR**

### About the Facilitator

Koh Hui Hua is the Community Development Project Co-ordinator at AECES. She started co-ordinating community development projects for the Association after graduating from NUS with a BA in Social Work and English Literature. She was supported by the Association’s Bursary Programme to pursue her MA in Art Therapy at Edith Cowan University, Western Australia.

Hui Hua is intrigued by her many moments of her art therapy placements at the primary school, intensive intervention centre and hospital settings in Australia, as she observed how art facilitates self exploration, expression and development for the different client groups she worked with. Imbued with much inspiration and enthusiasm, she looks forward to share her experiences and approaches in working with children, teenagers and adults using ‘a swish of a paintbrush and a blob of clay’.

Her current work involves working with children identified for the Children as Readers and wRiters – Early Intervention (CaREI), offering art as a medium of communication and address to the socio-emotional issues that the child might be facing. She has conducted workshops for early childhood educators under AECES Lifelong Learning, the FLAiR (Focused Language Assistance in Reading) professional development and Singapore International Foundation Singapore Volunteer Overseas project. In September this year, she was invited to present at the Pre-School Education Seminar organised by the Ministry of Education on the “Journey in Art: Developing Social and Emotional Competence in Young Children using Art”.